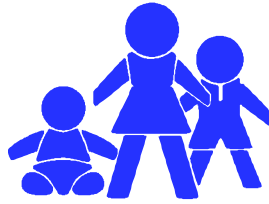


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Recommended Books for Parents

1. There is a series of 10 books by the Gesell Institute of Human Development written by Louise Bates Ames, Ph.D., and the late Francis Ilg, M.D. These are excellent and span the entire spectrum from infancy to adolescence. There is one book devoted to each of the ages from 1 year to 9 years of age and one book that covers the ages 10-14.
2. "The Magic Years", by Selma Fraiberg
3. "Experts Advise Parents", edited by Eileen Shiff
4. "The Parenting Advisor", Princeton Center for Infancy, edited by Frank Caplan and Theresa Caplan
5. "Couples", by Carlfred Broderick
6. "Raising a Responsible Child", by Dr. Don Dinkmeyer and Dr. Gary D. McKay
7. "Siblings Without Rivalry", by Adele Faber and Elaine Mazlish
8. "Your Baby and Child", by Penelope Leach
9. "Your Child's Health", by Barton Schmitt, M.D.
10. "Children the Challenge", by Rudolph Dreikurs
11. "Your Child's Self-Esteem", by Dorothy Corkille Briggs
12. "Solve Your Child's Sleep Problems", by Richard Ferber, M.D.
13. "Toilet Learning", by Alison Mack
14. "Getting Your Children to Mind Without Losing Yours", by Dr. Lehman
15. "The Strong-Willed Child", by Dr. James Dobson
16. "Dare to Discipline", by Dr. James Dobson
17. "The Complete Book of Breastfeeding", by M.S. Eiger, M.D., and Sally Wendkos Olds
18. "You Can Breastfeed Your Baby, Even in Special Situations", by Dorothy Patricia Brewster
19. "The First Twelve Months of Life", edited by Frank Caplan
20. "Caring For Your Baby and Young Child – Birth to Age 5", The American Academy of Pediatrics
21. "Caring For Your School-Age Child – Ages 5 to 12", The American Academy of Pediatrics
22. "Guide to Your Child's Symptoms – Birth Through Adolescence", The American Academy of Pediatrics
23. "Guide To Your Child's Nutrition", The American Academy of Pediatrics
24. "Guide To Your Child's Allergies and Asthma", The American Academy of Pediatrics
25. "Infants and Mothers", Dr. T. Berry Brazelton
26. "Infants and Child Care", Dr. Benjamin Spock
27. "The Happiest Baby on the Block", Harvey Karp, M.D.

Child Development—1, 2, 3 and 19
General Parenting Advice—3, 4, 8, 9, 23, 24, 25, and 26
Discipline—6, 7, 10, 11, 14, 15, and 16
Sleep Problems—12, 27
Toilet Training—13
Spousal Survival—5, 14
Breastfeeding—17, 18
General Pediatric Reference—20, 21, 2

COMPREHENSIVE HEALTH CARE OF INFANTS, CHILDREN AND ADOLESCENTS